



**SUPERSONIC**  
Feel good food

<b>Organic Porridge (v , ve)</b> Creamy organic porridge with a milk of your choice, seasonal fruits, honey & toasted seeds Choose from organic whole milk, semi skimmed, oat, soya, or almond	6
<b>Super Seeded Granola (v)</b> Organic oats baked with pumpkin, sunflower & sesame seeds, coconut shavings, pistachios, almonds, raisins, sultanas, dried cranberries served with natural yoghurt	6
<b>Yorkshire Bacon Sandwich</b> Yorkshire dry cured bacon served on toasted C&S sourdough Add an egg 1	6
<b>Verjuice Poached Fruit (v)</b> A healthy serving of natural yoghurt with a vibrant mixture of poached pears, apples, plums, Yorkshire rhubarb and blueberries.	6
<b>Breakfast Burrito (v)</b> Our breakfast burrito is filled with scrambled free-range eggs, roasted peppers and onions. Baked with a smoky tomato sauce and cheddar, topped with a fresh pica de gallo and avocado.	8
<b>Strawberry and Banana Smoothie Bowl (v)</b> This creamy smoothie is served with toasted muesli, pumpkin seeds, blueberries and chia seeds	7

*All of our dishes are available to take away.  
Please ask a member of the team for more details.*

*To ensure our food is fresh & tasty we cook our food to order.*

*In a rush or in a large group?  
Why not pre-order by calling 01904 929540*