

SUPERSONIC

Membership Options

	SOLO ARTIST	SOLO ARTIST +	STUDIO JAM	STUDIO JAM +	ROCKSTAR	ROCKSTAR +
	6 MONTH CONTRACT £58 P/M	CHOSEN MEMBERSHIP +£20	6 MONTH CONTRACT £58 P/M	CHOSEN MEMBERSHIP +£20	6 MONTH CONTRACT £79 P/M	CHOSEN MEMBERSHIP +£20
	MONTHLY RECURRING £68 P/M		MONTHLY RECURRING £68 P/M		MONTHLY RECURRING £89 P/M	
Gym Access	✓	✓			✓	✓
Class Access			✓	✓	✓	✓
InBody 4 x per year	✓	✓	✓	✓	✓	✓
Personalised Programme 4 x year	✓	✓	✓	✓	✓	✓
Towel every visit		✓		✓		✓
Recovery Zone Access		✓		✓		✓

Joining Fee of £72 applies to all memberships

Don't need both gym and class access or the + membership?
You can purchase these services as one-off bolt ons:

- Class **£5**
- Gym **£5**
- Towel **£2**
- Recovery Zone Session (including towel) **£7.50**
- Additional Inbody scan with results in App **£6**
- Additional Inbody scan with results in App and printed **£10**
- Additional Inbody scan with consultation **£20**

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Additional Services

Available without membership

INBODY

Inbody Scan	£20
Inbody Scan with Consultation	£30

IN-TUNE

Session 1 - Inbody Scan with Consultation	
Session 2 - Functional Health & Fitness Testing	
Session 3 - Bespoke Programme and Consultation	£79

Members receive a 10% discount on all blocks of 10 PT and massage sessions

PERSONAL TRAINING

	<u>1 Session</u>	<u>Block of 5</u>	<u>Block of 10</u>
1:1 Personal Training - 30mins	£30.00	£142.50	£270.00
1:1 Personal Training - 45mins	£40.00	£190.00	£360.00
1:1 Personal Training - 60mins	£50.00	£237.50	£450.00
Buddy 1:2 Training - 30mins	£40.00	£190.00	£360.00
Buddy 1:2 Training - 45mins	£50.00	£237.50	£450.00
Buddy 1:2 Training - 60mins	£60.00	£285.00	£540.00
Small Group* Training - 30mins	£50.00	£237.50	£450.00
Small Group* Training - 45mins	£60.00	£285.00	£540.00
Small Group* Training - 60mins	£70.00	£332.50	£630.00

*3-4 people

MASSAGE

	<u>1 Session</u>	<u>Block of 5</u>	<u>Block of 10</u>
Sports Massage - 30mins	£30.00	£142.50	£270.00
Sports Massage - 45mins	£40.00	£190.00	£360.00
Sports Massage - 60mins	£50.00	£237.50	£450.00

GYM AND CLASS PASSES

Class Pass Introductory offer - 1 per person	3 classes for £18.00		
	<u>1 Session</u>	<u>Block of 5</u>	<u>Block of 10</u>
Class Pass - Blocks		£50.00	£90.00
Gym Pass	£12.00	£54.00	£100.00

Access to the recovery zone can be purchased at an additional £7.50 including towel